

Grant Woolven

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Dear Master and Mrs Tan,

Can you believe it was 20 years ago this month that I first came to train with you in Malaysia!

March 1999, I was 24. I'd been having a great relaxing time up in Thailand for 2 months, I was quite unfit and a bit nervous about coming to train after a few months of relaxing.

I should have been nervous. I recall those first few weeks, nearly being sick during training in PJ Arena! It was hell, but I persevered.. and the results were amazing to me.

However, you made me feel so welcome. You encouraged me (but ignored my complaints), you pushed me to limits I had never never felt before, you were patient with me but most of all you looked after me. You let me into to your family circle and that was truly humbling.

I am still training in Taekwondo, having had a few breaks over the years due to a busy work life, a young family and, well, just life, but I always relive the experience of that six amazing months I spent training with you in KL.

I just wanted to thank you for the continuing and enduring life experience you gave me.

My six year old daughter has now started her Taekwondo journey and I hope she will get the same feelings as I did. Whatever she chooses, I know that my journey would not have been as long or as rich if I had not trained under you.

My unreserved regards and respect.

Grant.